

Facilitator run sheet

Session 1 - Patient group:

- What does CKD mean to you?
- Have you used this care plan or another care plan before? What was your experience?
- Does the care plan make sense? Do you think you could look at the plan after a few months and know what you had to do to keep your kidneys healthy?
- Is the information useful? Would you use it and take the recommended actions?
- What would you take out or add in? Is it in the right order?
- What do you think of the web links? Web links or printed information? Videos or written information?
- How in depth does the information need to be? E.g. do you want detailed information on how kidneys work?

Butchers paper:

CKD	
Pros	Cons

Some prompts

- Do you like the current plan how it is?
- What's the best thing about it?
- What most needs to change?
- How about (this aspect)? What do you think about that? (order, style, amount of information, etc)
- Do you agree with what ____ said? What do you think?
- Can you say more about that?
- How about you, ____? What do you think? (if people are not responding)
- Does anyone else have any thoughts on what ____ just said?
- Can you give an example?

Challenging participants

- Self-appointed experts: "Thank you. What do other people think?"
- The dominator: "Let's have some other comments."
- The rambler: Stop eye contact; look at your watch; jump in at their inhale.
- The shy participant: Make eye contact; call on them; smile at them.
- The participant who talks very quietly: Ask them to repeat their response more loudly.

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Session 1 - Nurse group:

- How do you see your role in caring for patients with CKD? (remind them that they are the first point of contact, generally have longer with the patient and generally patients will feel more comfortable engaging with nurses than doctors – any research to back up the importance of nurse engagement?)
- Have you used this care plan before? What was your experience?
- What is the biggest value add for you and your practice with this care plan? E.g. source of funding, improved communication between team, facilitates learning
- What are the barriers to this care plan being written or being used by patients or other health professionals?
- Is there anything missing or unnecessary?

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Session 2 (have examples):

- Do you like the way it is formatted now? Lots of detail or short summary? would pictures help? Should there be two parts – action plan plus lifestyle plan?
- What’s good about the plan? What’s not good?
- How should it look? – font / layout / binding etc. (should it come in a folder?)
- What else would improve this plan?
- Does anyone have anything else they want to add?

Butchers paper:

To add	To take out
Format	Look

Some prompts

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